



REPUBLIKA NG PILIPINAS  
PAMAHALAAN LUNGSOD NG MUNTINLUPA  
KALAKHANG MAYNILA

Telephone no. 861-0181/Fax: 862-6473  
Email address: sangguniangpanlungsod2k19@gmail.com



ORDINANCE NO. 2021-307

AN ORDINANCE INSTITUTIONALIZING THE DIETARY SUPPLEMENTATION PROGRAM FOR NUTRITIONALLY AT RISK PREGNANT AND MALNOURISHED 6-59 MONTH-OLD CHILDREN TO ADDRESS STUNTING AND WASTING PROBLEM AND OTHER POSSIBLE EFFECTS OF COVID 19 PANDEMIC IN THE HEALTH AND NUTRITION OF BOTH MOTHER AND CHILD

\*\*\*\*\*

**Sponsored by:** *Hon. Coun. Allan Rey A. Camilon*  
*Hon. Coun. Atty. Raul R. Corro*  
*Hon. Coun. Alexson V. Diaz*  
*Hon. Coun. Louisito A. Arciaga*  
*Hon. Coun. Ting Niefes*  
*Hon. Coun. Stephanie G. Teves - VIA ZOOM*  
*Hon. Coun. Ivey Rhia A. Tadea*  
*Hon. Coun. Engr. Marissa C. Rongavilla- VIA ZOOM*  
*Hon. Coun. Francis Ian T. Bagatsing- VIA ZOOM*  
*Hon. Coun. Mark Lester M. Baes*  
*Hon. Coun. Ma. Dhesiree G. Arevalo- VIA ZOOM*  
*Hon. Coun. Engr. Mamerto T. Sevilla, Jr.*  
*Hon. Coun. Engr. Arlene D. Hilapo- VIA ZOOM*  
*Hon. Coun. Walter A. Arcilla - VIA ZOOM*  
*Hon. Coun. Kenichi D. Takagi, Jr. - VIA ZOOM*

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**WHEREAS**, Article II Section 15 of the Constitution of the Philippines provides, *"The State shall protect and promote the right to health of the people and instill health consciousness among them"*;

**WHEREAS**, Section 11, Article XII, Supra, provides that, *"the State shall adopt an integrated and comprehensive approach to health development, which shall endeavor to make essential goods, health and other social services available to all the people at affordable cost"*;

**WHEREAS**, Executive Order 101 issued by the Office of the President, by institutionalizing an Inter-Agency task Force on Zero Hunger, recognized involuntary hunger, food security, undernutrition and child wasting, stunting and mortality as serious concerns in the country;

**WHEREAS**, in a study conducted by the National Nutrition Council (NNC), various nutrition problems in the Philippines like: high levels of stunting and wasting among children under-five years of age; Deficiencies in vitamin A, iron, and iodine; Hunger and food insecurity; overweight and obesity among various population groups and; prevalence of nutritionally-at-risk women among others;

**WHEREAS**, to address the problems, the **Philippine Plan of Action for Nutrition (PPAN) 2017-2022** which is an integral part of the **Philippine Development Plan** consisting of Twelve (12) programs where eight (8) of which are nutrition specific and nutrition sensitive that requires local government unit's mobilization to ensure their wider participation in delivering nutritional outcomes;





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WHEREAS, in the local level the City of Muntinlupa has the following 2020 figures:  
Vulnerable Groups for Dietary Supplementation: 2020 Data

VULNERABLE GROUP  
PREVALENCE OF UNDERNUTRITION

1. CHILDREN:

- a. **Combined Severely Underweight and Underweight Children 402 (0.87%)**
- b. **Severely Wasted and Wasted Children 142 (0.31%)**
- c. **Severely Stunted and Stunted Children 517 (1.12%)**

2. NUTRITONALLY AT RISK PREGNANT WOMEN:

- a. **Underweight: 361**
- b. **Anemic: 394**
- c. **Adolescent Pregnant: 1,449**

WHEREAS, one of the eight nutrition programs advocated in the **PPAN** is the National Dietary Supplementation Program (**NDSP**) adopted by the City Government and named as **BUSUGIN, PALUSUGIN SA WASTONG NUTRISYON**.

NOW THEREFORE BE IT ENACTED, by the **9<sup>th</sup> Sangguniang Panlungsod of Muntinlupa**, in Regular Session assembled that:

**SECTION 1. Short Title.** This ordinance shall be known as the **BUSUGIN, PALUSUGIN SA WASTONG NUTRISYON**.

**SECTION 2. Definition of Terms.** The following words, when used in this ordinance shall mean:

- a. **Operation Timbang (OPT) Plus** - is the annual weighing and height measurement of all preschoolers 0-59 months old or below five years old in a community to identify and locate the malnourished children. Data generated through OPT Plus are used for local nutrition action planning, particularly in quantifying the number of malnourished and identifying who will be given priority interventions in the community. **Moreover**, results of **OPT Plus** provide information on the nutritional status of the preschoolers and the community in general, thus, providing information on the effectiveness of the local nutrition program.
- b. **WHO Child Growth Standards** - standards developed using data collected in the World Health Organization Multicenter Growth Reference Study. The site presents documentation on how the physical growth curves and motor milestone windows of achievement were developed as well as application tools to support the implementation of the standards.
- c. **Dietary Supplementation** - refers to the balanced energy and protein supplements intended to add further nutritional value to the normal diet to ensure adequacy of the dietary intake.



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- d. **Malnutrition** – refers to deficiencies, excesses, or imbalances in a person's intake of protein and/or nutrients covering both undernutrition which include suboptimal breastfeeding, stunting, wasting or thinness, underweight and micronutrient deficiencies, or insufficiencies as well as over nutrition, which includes overweight and obesity.
- e. **Stunting** – refers to chronic undernutrition during the most critical periods of growth and development in early life. It is defined as the infants and children aged zero to fifty-nine (0-59) months whose length-for-age or height-for-age is below minus two (2) SD for moderate stunting and minus three (3) SD (for severe stunting) from the median of the WHO Child Growth Standards.
- f. **Underweight** – defined as weigh-for-age more than 2 standard deviations below the median of the WHO Child Growth Standards median.
- g. **Wasting** – a composite index influenced by both the height of the child (height for-age) and his or her weight (weight-for-height); indicates in most cases a recent and severe process of weight loss, which is often associated with acute starvation and/or severe disease; defined as a weigh-for-height more than 2 standard deviations below the WHO Child Growth Standards median.
- h. **Nutritionally at Risk Pregnant Women** - pregnant women, including pregnant adolescent females, with a low pre-pregnancy body mass index (BMI), or those who do not gain sufficient weight during pregnancy, with any of the following predisposing factors: narrowly-spaced pregnancies and births, situated in families with low income, with large number of dependents where food purchase is an economic problem, has previously given birth to a preterm or low birth weight infant, or other unfavorable prognostic factors, such as obesity or anemia, with diseases which influence nutritional status such as diabetes, tuberculosis, drug addiction, alcoholism, and mental disorder. In the absence of verifiable BMI, the **Mid-Upper Arm Circumference** (MUAC) measurement will be used.
- i. **Body Mass Index** – a simple index of weight-to-height commonly used to classify underweight, overweight and obesity; defined as the weight in kilograms divided by the square of the height in meters (kg/m<sup>2</sup>).

**SECTION 3. Coverage.** Using the WHO Child Growth Standards, all identified undernourished children in the Operation Timbang Plus such as the Severely Underweight (SUW), Underweight (UW), Severely Wasted (SW), Moderately Wasted (MW), Severely Stunted (SST) and Stunted (St) children, as well as nutritionally high-risk pregnancy are covered in the dietary supplementation program;

**SECTION 4. Dietary Supplementation Programs.** Supplementary feeding for nutritionally at risk pregnant women and undernourished children 6-59 month-old shall be undertaken by the City Health Office with the following activities:



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- A. **COMMUNITY OR AREA-BASED FEEDING PROGRAM** – the regular scheme on conduct of the supplementary feeding is a day to day food preparation and cooking of hot meals by nutrition workers for targeted 6-59 month old undernourished children and nutritionally at risk pregnant who will be fed for 120 days and 90 days respectively in the selected site. The children shall be fed with the presence or guidance of the parent or guardian. Considering however the prevailing COVID 19 pandemic and quarantine level in the City, this approach shall not be conducted following the safety protocol to prevent virus transmission, thus, other strategy of providing supplementary foods shall be applied;
- B. **DRY FOOD RATIONING** – rationing or provision of packs of dry foods to undernourished infants 6-59 months for 120 days, complementary foods specifically for 6-23 months old, which will provide approximately 1/3 of the energy and protein requirements of the target age groups. The supplementary foods for distribution shall contain nutrient dense food items which will be delivered weekly to houses of families with undernourished children by nutrition workers or picked up by parents from the health facility. Duration of dry food rationing for nutritionally at risk pregnant women will be for 90 days and may be extended to 120 days when necessary as per recommendation of the Physician and/or Nutritionist and upon availability of food supplies.

**SECTION 5. Implementing Rules and Regulations (IRR).** The City Health Office shall formulate an IRR to effectively implement the provision of this ordinance;

**SECTION 6. Funding.** Budgetary appropriation for the dietary supplementation program for target beneficiaries shall be indicated in the Annual Investment Plan of the City Health Office.

**ENACTED**, by the 9<sup>th</sup> **Sangguniang Panlungsod of Muntinlupa** this 27<sup>th</sup> day of **December 2021**, on its 129<sup>th</sup> **Regular Session**.

CONCURRED:

DISTRICT 1:

COUN. ATTY. RAUL R. CORRO  
Member

COUN. ALEXSON V. DIAZ  
Member

(ABSENT)  
COUN. PATY KATY C. BONCAYAO  
Member

COUN. LOUISITO A. ARCIAGA  
Member

COUN. ALLAN REY A. CAMILON  
Member

COUN. TING NIEFES  
Member



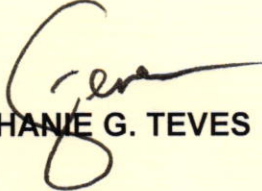



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COUN. STEPHANIE G. TEVES  
Member

  
COUN. IVEE RHIA A. TADEFI  
Member

DISTRICT 2:

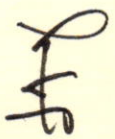
  
COUN. ENGR. MARISSA C. RONGAVILLA  
Member

  
COUN. FRANCIS IAN T. BAGATSING  
Member

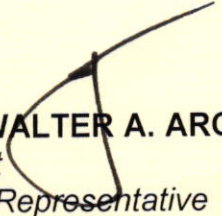
  
COUN. MARK LESTER M. BAES  
Member

COUN. MA. DHESIREE G. AREVALO  
Member

  
COUN. ENGR. MAMERTO T. SEVILLA, JR.  
Member


  
COUN. ENGR. ARLENE D. HILAPO  
Member

(ABSENT)  
COUN. CORNELIO M. MARTINEZ  
Member

  
COUN. WALTER A. ARCILLA  
President  
Sectoral Representative  
Association of Barangay Chairman

COUN. KENICHI D. TAKAGI, JR.  
President  
Sectoral Representative  
Federation of Sangguniang Kabataan

I HEREBY CERTIFY, as to the correctness of the foregoing Ordinance.

  
CECILIA C. LAZARTE  
Secretary to the Sanggunian



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ATTESTED:

ARTEMIO A. SIMUNDAC  
City Vice-Mayor/Presiding Officer

APPROVED:

ATTY. JAIME R. FRESNEDI  
City Mayor

Date: 13 JAN 2022  
13 JAN 2022

Norie/9<sup>th</sup> SP

